

(Statement/Blurb for Runners' Choice Circuit Races)

This race was selected to be part of CARA's 2016 competitive circuit of races, named the RUNNERS' CHOICE CIRCUIT. CARA members can compete on this Circuit for year-end Overall, Age Group, Age Graded, Clydesdale/Athena (weight) and Club awards.

This race is a CARA *CERTIFIED RACE* (**Ravenswood - CARA16020**). It has agreed to adhere to and uphold CARA's Best Practices Guidelines. These Guidelines embody the highest standards for quality, safety and comfort for participants in a road race.

This race has also been designated a 2016 CARA Green Race due to their agreement to adhere to a set number of Green Practices that have been approved by CARA. The successful completion of these practices, recognize the achievement of an eco-friendly race.

Due to CARA's advocacy efforts, runners in the Chicagoland area enjoy some of the highest quality road races in the country. To view the Guidelines and to learn more about CARA, visit www.cararuns.org.

The Chicago Area Runners Association (CARA) is a non-profit organization devoted to expanding, motivating, supporting and celebrating the running community of Chicagoland. CARA connects runners to resources that enable them to run – farther, faster, better, for life.